

# GOOD FRIENDS SHARE THE YMCA

## March 1 - 10, 2012 You could win 100 Y-Bucks!

Invite one or more friends or family members to join you for your workouts during these days and you can enter to win 100 Y-Bucks and other prizes. Guests must be 19 or older. See the Welcome Center for more information.

*Working out with friends has many benefits: support, encouragement, accountability and even a little healthy competition! Be a GOOD FRIEND and bring in someone to share YOUR YMCA with everyday March 1 - 10.*



# HAVE YOU HAD YOUR MEMBERSHIP PICTURE TAKEN YET?

If not, please do so by April 1st!

In order to add another layer of protection for our members, our insurance company suggested we upgrade our software and database so we can have a picture of each member on file.

Please stop by the Welcome Center by April 1st and have a quick picture taken. This way our staff can easily tell if someone is using a lost or stolen membership card.

Thank you!

# 2012 GIRL'S DAY OUT

The YMCA in Greenfield's sixth annual Girl's Day Out was a huge success. We had over 25 different vendors showcasing and selling their wares and over 200 participants shopping and taking advantage of all the special fitness offerings. Women of all ages were pampered and tried hooping and scuba diving. A great time was had by all.



Mom's and daughters of all ages enjoyed the day. From left to right: Karen Wartel, Lillian Couture, Michele Hazlett.



Sample Group Exercise classes were offered from 12 - 3 pm for all ladies!

## THE FOLLOWING LADIES WON PRIZES AT GIRL'S DAY OUT!

- The door prize baskets valued at over \$100 dollars  
Crystal Jackson and Linda Beaudion
- 3 Month Gold Membership with Locker  
Brandy Dillensneider and Kathy Connelly
- \$50 Gift Certificate to the YMCA  
Tara Denny
- \$30 Gift Certificate to the YMCA  
Sheila Latrenabe
- \$20 Gift Certificate To the YMCA  
Charity Day
- \$10 Gift Certificate to the YMCA  
Geraldyn Johnson



The 25 vendors had products that appealed to all girls.