

POOL SCHEDULE (Session 3)

Jan 2nd-February 26th

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-7:15 a.m. Adult Lap	6:00-9:00 a.m. Adult Lap	6:00-7:15 a.m. Adult Lap	6:00-9:00 a.m. Adult Lap	6:00-7:15 a.m. Adult Lap	7:15-8:45 a.m. Adult Lap	Updated 1/19/2012
7:15-8:00 Adult Lap(half pool) 7:15-8:00 H.A.R.T	9:00-9:45 a.m. Aquacize	7:15-8:00 Adult Lap (half pool) 7:15-8:00 H.A.R.T	9:00-9:45 a.m. Aquacize	7:15-8:00 Adult Lap(half pool) 7:15-8:00 H.A.R.T	8:45-9:30am H.A.R.T.	
8:00-8:45 Adult Lap	9:45-10:15 a.m. Special Needs	8:00-8:45 Adult Lap	9:45-10:15 a.m. Special Needs	8:00-8:45 Adult Lap	9:30-10:00 Polliwog/Gup1	9:00-10:15 Adult Lap
8:45-9:30 Sr. Lap/Rehab	10:15-10:45 a.m. P/C Water Babies	8:45-9:30 Sr. Lap/Rehab	10:15-10:45 a.m. Skippers	8:45-9:30 Sr. Lap/Rehab	10:00-10:30 Skippers	10:15-11:15 Privates/Rental
9:30-10:15 Water Fitness	10:45-11:15 a.m. P/C Dippers & Divers	9:30-10:15 Water Fitness	10:45-11:15 a.m. P/C Water Babies	9:30-10:15 Water Fitness	10:30-11:15 Gup2/Minnow 11:15-12:00 Fish/FF/Shark	
10:15-11:00 Water Th II	11:15-11:45 a.m. Preschool	10:15-11:00 Water Th II	11:15-11:45am P/C Dippers &Divers	10:15-11:00 Water Th II	12:00-12:30 P/C combined	11:30-12:15 Cardio Abs
11:00-11:30 Adult Special Needs	11:45-12:45 p.m. Adult Lap	11:00-11:30 Adult Special Needs	11:45-12:45 p.m. Adult Lap	11:00-11:30 Preschool		12:15-1:15 Sr. Lap/Rehab
11:30-12:15 Beginner Water Aerobics	12:45-1:30 Sr. Lap /Rehab	11:30-12:15 Beginner Water Aerobics	12:45-1:30 Sr. Lap/Rehab	11:30-12:15 Beginner Water Aerobics	12:30-1:30 Adult Lap	1:15-2:00 Rentals/Private
12:15-1:15 Adult Lap	1:30-2:15 School	12:15-1:15 Adult Lap	1:30-2:15 School	12:15-1:15 Adult Lap	1:30-2:15 Sr. Lap/Rehab	2:00-3:00 Adult Lap
1:15-2:00 FMC 2:15-3:00 MS	2:15-3:00 MS	1:15-2:00 FMC 2:15-3:00 MS	2:15-3:00 MS	1:15-2:00 FMC 2:15-3:00 MS	2:15-3:15 Private/Rentals	3:00-4:30 Family Swim
3:00-3:45 Water Th. II	3:00-3:45 Beg. Water Th.	3:00-3:45 Water Th. II	3:00-3:45 Beg. Water Th	3:00-3:45 Water Th. II	3:30-5:00 Youth/Family Swim	**Saturday Hours June 23-Sept 3 rd 7-2 Sept 10-24 th 7-6 Oct 1-May 19 7-8:30 May 26-June 16 7-6
3:45-4:45 Polliwog/Gup I Skippers	3:45-5:15 Skippers Polliwog/Gup I P/C Dippers & Divers	4:00-4:45 Guppy II/ Minnow	3:45-5:15 GupII/Minnow Fish/FF/Shark	3:45-4:45 Skippers Polliwog/GupI	5:00-5:45 Adult Lap	**Sundav hours** Oct 2 - June 17 9 am- 5 pm June 24 - Sept 25th 9 am - 2 pm
4:45-5:45 Adult Lap	5:15-6:15 Adult Lap	4:45-5:45 Adult Lap	5:15-6:15 Adult Lap	4:45-5:45 Adult Lap	6:15-8:00 Family Swim	
5:45-6:30 Aquacize	6:15-7:00 Pilates	5:45-6:30 Aquacize	6:15-7:00 Pilates	5:45-6:15 Water Babies Dippers &Divers		
6:30-7:00 Skippers		6:30-7:00 Guppy I		6:15-6:45 Skippers	Closed Labor Day	Closed Easter
7:00-7:45 Family Swim	7:00-7:45 Youth/Family Swim	7:00-7:45 Family Swim	7:00-7:45 Youth/Family Swim	6:45-7:15 Polliwog/GupI	Closed Thanksgiving	Closed Memorial Day
7:45-8:45 Adult Lap	7:45-8:45 Adult Lap	7:45-8:45 Adult Lap	7:45-8:45 Adult Lap	7:15-8:00 Family Swim	Closed Xmas & New Year's EVE	Closed 4th of July
				8:00-8:45 Adult Lap	Closed Xmas	Closed the last week of Aug for clean up

This schedule is subject to change without notice...although we will try our best to let you know ahead of time. The Jacuzzi is OPEN whenever the Pool is OPEN – it is **Closed** if there is NO RENTAL*.